








KCPA Counselling Services Charges



Service	Fee for individual session	Fee for Couple Session	Fee for family Session	Fee for group session (max 12)
Counselling & Psychology Trainees	3,000	5,000	10,000	25,000
Individual clients	5,000	6,000	10,000	25,000
Children & Adolescents	3,000	N/A	N/A	N/A
Psychological Debriefing/ Psychological First Aid (PFA)	5,000	6,000	10,000	15,000
Drug testing	5,000	N/A	N/A	N/A
Psychometric Testing	13, 000			
Plenary sessions				50,000

NO.	TRAINING TOPICS	CHARGES
1	Employment separation	50,000.00
2	Work stress and burnout management	50,000.00
3	Change management	50,000.00
4	Basic counselling skills for managers	50,000.00
5	Work life balance	50,000.00
6	Workplace mentorship	50,000.00
7	Functional relationships at workplace	50,000.00
8	Emotional intelligence	50,000.00
9	Personal Branding for career and workplace success	50,000.00
10	Life skills for employees children	50,000.00



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KCPA
KENYA COUNSELLING AND
PSYCHOLOGICAL ASSOCIATION

SERVICES CATALOGUE



Background of KCPA

Kenya Counselling and Psychological Association (KCPA) is a professional Association for Counsellors and Psychologists in Kenya with a membership of over 7700 who are spread across the nation. It was started in 1988 and registered officially in 1990 as the Kenya Counselling Association (KCA), now rebranded Kenya Counselling and Psychological Association (KCPA).

The Association is a consortium of therapists and psychologists who believe in strengthening families, business entities and communities. It is a body fashioned through strong values and principles expressed by use of creative, multi-cultural and dynamic approaches towards assessments and

treatment of various counselling issues facing families, communities, corporate entities and individual persons in our society. KCPA recognizes that today's society requires urgent support to deal with the myriad of bio-psycho-social-spiritual challenges which have adverse effects on careers, job productivity, families, marriages, mental health just to mention but a few.

Our Key Objectives:

1. Vetting counsellors for professionalism.
2. Monitoring professional growth of counsellors in training and practice.
3. Developing, regulating, revising and monitoring the legal and ethical standards of the profession in guarding against malpractice.
4. Encouraging personal and professional growth of the practitioners.

5. Providing clinical supervision for counsellors.
6. Ensuring standardization and moderation of counsellor courses in tertiary institutions

KCPA Counselling Services

KCPA aims at providing professional counselling and psychological services in engendering wellness and healthy living. Through her team of experts, KCPA offers mind refreshing therapies, motivational and counselling services to all categories of clients including children, individuals, couples, families, groups, communities and corporates. It has a huge pull of practitioners in all its 47 Counties who are committed to professionalism and client satisfaction.