



CONTACT US



0724 092933

07260 68933



We are Located at:
Agip House, Off H. Selassie Avenue,
4th Floor, Room 4



kenyacounsellingandpsychologicalassociation.org



KENYA COUNSELLING AND PSYCHOLOGICAL ASSOCIATION

OUR SERVICES





BACKGROUND OF KCPA

Kenya Counselling and Psychological Association (KCPA) is a professional Association for Counsellors and Psychologists in Kenya with a membership of over 7700 who are spread across the nation. It was started in 1988 and registered officially in 1990 as the Kenya Counselling Association (KCA), now rebranded Kenya Counselling and Psychological Association (KCPA).

The Association is a consortium of therapists and psychologists who believe in strengthening families, business entities and communities. It is a body fashioned through strong values and principles expressed by use of creative, multi-cultural and dynamic approaches towards assessments and treatment of various counselling issues facing families, communities, corporate entities and individual persons in our society. KCPA recognizes that today's society requires urgent support to deal with the myriad of bio-psycho-social-spiritual challenges which have adverse effects on careers, job productivity, families, marriages, mental health just to mention but a few.

OUR KEY OBJECTIVES:

- 1) Vetting counsellors for professionalism.
- 2) Monitoring professional growth of counsellors in training and practice.
- 3) Developing, regulating, revising and monitoring the legal and ethical standards of the profession in guarding against malpractice.
- 4) Encouraging personal and professional growth of the practitioners.
- 5) Providing clinical supervision for counsellors.
- 6) Ensuring standardization and moderation of counsellor courses in tertiary institutions



KCPA COUNSELLING SERVICES

KCPA aims at providing professional counselling and psychological services in engendering wellness and healthy living. Through her team of experts, KCPA offers mind refreshing therapies, motivational and counselling services to all categories of clients including children, individuals, couples, families, groups, communities and corporates. It has a huge pull of practitioners in all its 47 Counties who are committed to professionalism and client satisfaction.

KCPA COUNSELLING SERVICES CHARGES

Service	Fee for individual session	Fee for Couple session	Fee for family session	Fee for group session (max 12)
Counselling & Psychology trainees	2000	4000	8000	12,000
Individual clients	4000	6000	8000	12,000
Children & Adolescents	2000	N/A	N/A	12,000
Psychological Debriefing/ Psychological First Aid (PFA)	4000	6000	8000	12,000
Drug testing	5000	N/A	N/A	N/A
Psychometric testing	11, 600			

PLENARY SESSIONS

50,000 Ksh

- | | |
|--|---|
| 1) Employment separation | 6) Workplace mentorship |
| 2) Work stress and burnout management | 7) Functional relationships at workplace |
| 3) Change management | 8) Emotional intelligence |
| 4) Basic counselling skills for managers | 9) Personal Branding for career and workplace success |
| 5) Work life balance | 10) Life skills for employees children |